



Fredrik Lindencrona - Associate

PhD (Psychology)

Fredrik Lindencrona is a strategic advisor to the Skandia Ideas for Life Foundation (Skandias Stiftelse Idéer för Livet) and Head of Research Cocreation at Inner Development Goals. As a registered psychologist in Sweden, he works at the intersection of psychological science, systems design, and intercultural collaboration to support the inner capacities that sustainable leadership and collective action call for.

Fredrik brings more than two decades' experience across Sweden's public sector health and welfare systems, spanning strategic improvement, research and development, and international collaboration, including sixteen years in senior roles at the Swedish Association of Local Authorities and Regions (SKL). His earlier career as a doctoral researcher in psychology, lecturer, and change management consultant at Karolinska Institutet grounded this work in public mental health scholarship and applied organisational change.

